

Creating a Brighter Future

Bedford is a South Australian charity creating a brighter future for people with a disability or disadvantage by offering employment, recreational and day activities, training, life skills, community housing and support services.

Our focus is on addressing people's needs in a caring and supportive environment.

With the help of the community, we can ensure that people with a disability or disadvantage are given the opportunity to fulfil their potential and achieve their dreams.

Share Your Views

Please complete our **Supporter Care Survey** at bedfordgroup.com.au

Your feedback is important to us and we're always interested in your thoughts. All surveys completed by 11 December will receive a \$20 discount voucher to use at the Good Guys Edwardstown when spending \$50 or more.

For more information or to request a copy of the survey by post, please contact **Lauren Marshall, Community Coordinator**, on (08) 8275 0221 or email imarshall@bedfordgroup.com.au

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Max Dyason, Bedford Chief Executive and Vince Santoro of The Good Guys Edwardstown celebrate the cause partnership.

Good Guys Serve Up a Plateful of Opportunity

The Good Guys Edwardstown are serving up a plateful of support towards a new Bedford programme called 'Let's Cook', helping people with a disability learn how to cook and live happy, healthy and independent lives.

Bedford developed the 'Let's Cook' programme to address the cooking skills shortage amongst people with a disability.

Residents from Balyana, Bedford's residential site in Clapham, are being taught how to prepare a selection of simple meals by a qualified instructor and encouraged to transfer their learning to their housemates.

The newly established cause partnership between The Good Guys Edwardstown and Bedford coincides with Vince Santoro's appointment as new store proprietor.



'Let's Cook' participants Vicki Ellis and Janette Hoen with Vince Santoro.

"Our partnership with Bedford will enable the organisation to continue to provide people with a disability with vital opportunities through the 'Let's Cook' programme. To assist in providing training and support to help people with a disability gain the confidence and skills to live independently is very satisfying," Vince said.

Two and a half hour classes are being held over the next year with five Balyana residents set to take part each week. The ultimate goal is to teach all 90 residents to cook at basic through to advanced levels depending on their current skills level.

Programmes such as 'Let's Cook' are only made possible thanks to the support of local businesses like The Good Guys.

Bedford to the Max...

Our Partnerships

Without our partnerships with the State and Australian Governments, with our many commercial customers who engage with our services and with the generous individuals and organisations who support our many fundraising activities, Bedford would not be able to support more than 3,000 South Australians with a disability or disadvantage. Whether a partner uses one of our business areas, gives a CareerSystems client a job, volunteers time to help us, funds a programme or supports one of our fundraising activities, they are helping people in need, right here in South Australia.

Our Progress

This is really an exciting time for Bedford. Our CareerSystems division is taking up the challenge with the new Australian Government Job Services Australia programme which sees many more people in need accessing our services. I am really pleased to advise that the vision we had when the CareerSystems team joined Bedford in 2007 is being realised. What is wonderful about this new programme is that we are leveraging off our existing capability and infrastructure and helping more people with disability or disadvantage achieve meaningful vocational and personal development outcomes. The good news stories we keep hearing are heartening. We thank the Australian Government's Department of Education, Employment and Workplace Relations (DEEWR) for providing us with this new opportunity to help more people with a disability or disadvantage.

Our furniture factory has just received a significant upgrade as we continue to produce quality products for distribution Australia wide - I congratulate all our employees and staff for their great work as their business continues to grow. We have also invested heavily in our new regional areas and it is good to see our people in Millicent enjoying their new laundry, in Mount Gambier and Port Pirie with new grounds equipment, in Kadina working and learning in their new timber workshop and in Port Lincoln with a brand new amenities area and the new sheep on the farm. The Wallaroo Day Options team tells me they are looking forward to their brand new centre. We also have over 60 individuals looking forward to moving into their new community housing over the next 12 months, as our housing partnership with the State Government comes to fruition.

I have a new challenge, personally, having been appointed to the State Chair role and onto the Board of National Disability Services (NDS). NDS is the peak body of disability services and operates across Australia, with international linkages. I am looking forward to helping the disability sector and thank the new Deputy Chair, Judy Curran, CEO of SCOSA, for also volunteering for her role.

Our Board

Bedford has been blessed for almost 65 years with a skilled, effective and voluntary Board of Directors. This tradition continues. We are really pleased and proud that Stephen Hains and Teresa Colliver have joined the Bedford Board. Stephen is City Manager of the City of Salisbury and Teresa is Company Secretary/CFO of Adtrans Group Limited.

On an extremely sad note, we farewell and thank our Deputy Chair, Ted Byrt, who is leaving the Board after 15 years of tireless service. Prior to his Board appointment, Ted was actively involved with the Bedford Foundation. Ted's obvious passion for all things Bedford will be missed by us all.

Bedford Big Battle

Our inaugural Bedford Big Battle on 22 October delivered fun and funds! It proved to me that I need to stick with my 'day job' and, more importantly, that there are many generous South Aussies who were willing to spend up big on a quiz night to support people with a disability - we sincerely thank our magnificent MC, media personality and Bedford Foundation member Mark Aiston, our Fundraising team, all the 345 attendees and our generous sponsors in Chapel Hill, Cogita, Coopers, Macquarie, MPS and NAB.

Thanks

Thank you for supporting Bedford and South Australians with a disability or disadvantage. I hope you enjoy this edition of Talking Bedford.

Best regards,



MAX DYASON
Chief Executive



Nick Fuller

Employee Profile – Nick Fuller

My name is Nick Fuller and I want to tell you how Bedford has helped me to build my life so far.

I've been part of the Bedford family for nearly 13 years now. I came here because I have an intellectual disability which means it takes me a bit longer to learn new skills.

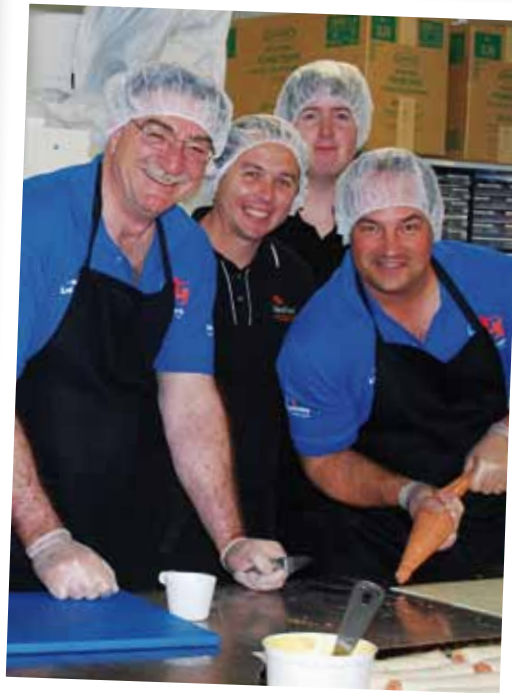
When I first joined Bedford I worked for Bedford's gardening team - keeping the Mawson Lakes site looking good. Two years ago I wanted a change - so I moved to Bedford's furniture team where we make ready to assemble furniture. I now work on the edge bander in the new factory - making furniture to go into Bunnings stores across Australia! I've even managed to find time to get a Certificate II in Furnishings.

This is part of what makes Bedford so great - it isn't just a place to go and work - it's about learning new skills and getting qualifications - just like people without a disability do. But that's not all - in 2007 Bedford supported me to move into a new unit in Enfield.

I've learnt how to do so much for myself since I joined Bedford. Before I moved into my new home I lived with my mum and didn't really know how to cook for myself or how to do my washing. Now, with the help of my care worker, who comes to see me each week, I've been learning how to look after myself better and live more independently - I've even cooked a meal for my mum!



Delfin staff get their hands dirty landscaping Bedford's residential facilities.



Bedford employees Matthew Graetz and Michael Preston teach Delfin's Kelvin Trimper and Richard Osborne to make sausage rolls.



Malcolm Parfitt, Bedford Day Options member, delivering eggs in Port Lincoln.

Smiles All Round at Bedford as Delfin Staff Volunteer

Delfin Lend Lease staff got their hands dirty for a good cause when they volunteered for the day at Bedford in September.

More than 50 employees from the leading developer offered their support at a grass roots level - spending the day landscaping Bedford's residential facilities and working in the packaging, furniture, hospitality and Day Options areas.

Delfin contracted Bedford's horticultural team to landscape and maintain the gardens of its Mawson Lakes development 10 years ago. Delfin's support has meant Bedford is able to employ more people with a disability in its grounds maintenance team.

The volunteer day is much looked forward to by Bedford employees and is a great opportunity to showcase the great work Bedford does to one of its valued supporters.

Find out how your organisation can get involved with Bedford and make a real difference in your local community. Please contact Cassandra Liebeknecht, Corporate Relations Manager, on (08) 8275 0358 or cliebeknecht@bedfordgroup.com.au

See Behind the Scenes at Bedford

Bedford is inviting supporters to a 'behind the scenes' tour of our Panorama site during the first week of December, to coincide with International Day of People with Disability.

On the free tour you will have the opportunity to meet and share the stories of the people Bedford supports.

As a VIP visitor, see for yourself what a difference your support continues to make to the choices and opportunities Bedford offers people with a disability or disadvantage. The tour commences in Bedford's Day Options area, where you will see first hand the recreational programmes provided for people with high support needs. You will then learn more about our diverse employment and training areas, including Bedford's furniture factories, where employees produce a range of products sold in Bunnings across Australia. The tour will finish with light refreshments and your chance to chat to members of the Bedford family.

To book your tour and for more information please contact Joanne Smith on (08) 8275 0211 or email jsmith@bedfordgroup.com.au

Egg-citing Opportunities in Port Lincoln

Bedford called on Port Lincoln locals to help meet increasing demand for its Compass Farm eggs as part of World Egg Day on 9 October. Locals were given the opportunity to taste the much sought after eggs as part of a Breakfast Cook Up in Port Lincoln's Central Plaza.

Bedford's Compass Farm produces more than 2,000 eggs each day which are supplied to local food outlets. The team was asking for community support to build two new sheds to house 2,000 hens. Bedford employs 38 people at the farm and increasing the hen capacity will help Bedford on its mission to provide employment to more than 50 people with a disability in Port Lincoln by mid 2010.

The farm has been recognised as an Australian Egg Corporation Assured Supplier - making it the only producer on the Eyre Peninsula to boast both Egg Corporation and RSPCA accreditations.

As one of only two RSPCA accredited barn laid egg producers in South Australia, Bedford contributes royalties from its egg sales to the development of certification standards and campaigns to improve the welfare of farm animals.

To find out more about employment opportunities at Port Lincoln, or to enquire about ordering our delicious eggs, contact Rod Sandercock, Manager, on (08) 8682 6011 or rsandercock@bedfordgroup.com.au



Winners of the Bedford Big Battle 2009: KPMG's 'Beancounters'.

KPMG Win Bedford Big Battle

The KPMG boardroom is now likely to have a trophy of a different kind on display, after the organisation's team 'The Beancounters' walked away as victors at the inaugural Bedford Big Battle on 22 October.

Held at the InterContinental and hosted by Network Ten presenter Mark Aiston, 345 Adelaide business people tested their sporting prowess in a fun, high-tech format. More than \$40,000 was raised - with all funds to help Bedford offer opportunities for South Australians with a disability or disadvantage.

It was a great night characterised by light hearted competition and a dynamic atmosphere - every team was determined to take home the trophy at the end of the night. Special guests included Paralympian Katrina Webb and former Australian cricketer Matthew Elliott plus wrestling champion Hartley Jackson.

Photos from the night and the final leaderboard are available at bedfordgroup.com.au

To register interest for the 2010 event and take advantage of earlybird prices, please contact Chantelle Dolphin, Events Coordinator, on (08) 8275 0352 or email cdolphin@bedfordgroup.com.au



Students Angela Feehan and Sam Toop with programme tutor Jan Blakeley (centre)

Students Celebrate Achievement

There were lots of proud faces in September as the achievements of 45 members of the Bedford family were celebrated at a ceremony marking the culmination of Bedford's language and literacy programme.

Launched in 2003, the programme provides tailored reading and writing tuition to over 80 people with a disability

each year. Students progress from basic to intermediate classes and have the opportunity to further their studies through Bedford's 'Abilities for All' programme.

Bedford employee and programme participant Tammi Alchin said 'the classes were a lot of fun. Now I can write birthday cards to my friends. It's a great feeling.'

Language and literacy is just one of Bedford's life skills training programmes, which provide many diverse opportunities for people with a disability or disadvantage to fulfil their potential and achieve their dreams.



Bedford's new General Manager, Marketing & Fundraising Sam Abbott.

Team Profile - Sam Abbott

It's fair to say that Bedford's new General Manager - Marketing and Fundraising, Sam Abbott, landed her new role in what is one of the toughest financial times for not-for-profit organisations.

But after two and a half years as Bedford's Marketing and Communications Manager, Sam's passion for creating opportunities for people with a disability made her the perfect candidate for the job - and she's ready to face the challenge.

"With more than 3,000 people to support across the State, when times get tough financially we feel the effects - so we're always looking for the support of the community through fundraising activities and events to ensure we can continue to do what we do best.

Corporate events, lotteries and appeals form the core of Bedford's fundraising activities. I've enlisted the support of two new team members to tackle the current climate. We've recently welcomed a new Corporate Relations Manager and Events Coordinator to the team and both will play a key role in relationship development and fundraising as we embark on a challenging period to ensure we can continue to keep the funds coming in to support our members and employees.

Remaining viable in the current climate is about creativity yet ensuring the values of the organisation are kept front of mind in all fundraising activities. With a new team comes new ideas and we're dedicated to finding new ways to show the community what we're about at Bedford and just how every little bit of support helps us to achieve our goals."



Andrew Norman works in Bedford's furniture area. In 2009 Andrew achieved Certificate II in Furnishings through Bedford's 'Abilities for All' programme and spoke in front of an audience of 1,400 people at the annual Bedford Achievement Awards.

Bedford and Bunnings Celebrate Lengthy Partnership

There was reason to celebrate at Bedford in August as the one millionth metre of edge strip for Bunnings flat-pack furniture rolled off the production line.

The edge strip, which is a key component of the ready-to-assemble furniture produced by Bedford's furniture business, has been manufactured at Bedford's Panorama site since 2001.

Bedford's furniture area employs 70 people with a disability, all who play a key role in making the ready-to-assemble robes, washing machine stands for front loaders, drawers and much more – sold in Bunnings stores across Australia.

Seeing the millionth metre of product roll of the production line was a significant reminder of both the abilities of people with a disability in the workplace and the extremely important support of Bunnings.

Bunnings Managing Director John Gillam said the milestone was a testament to Bedford's quality provision of product and services.

"Bedford is an inspiring organisation and the pride Bedford employees take in their work is evident in the quality of their product offering," Mr Gillam said.

"Bunnings is committed to participating in the communities in which we operate and we look forward to continuing our relationship with Bedford well into the future."

Bunnings also work with CareerSystems, Bedford's employment services division, to provide work and on-the-job training for South Australians with a disability or disadvantage.

Bright Future for Mamy

It's hard to believe that just three months ago Mamy Kabongo had spent almost five years without a job. Having moved from the Democratic Republic of Congo in 2005 and facing a variety of significant barriers, the 33-year-old had been unable to secure suitable employment and had almost lost hope of ever finding a job in Australia.

Thanks to a work experience placement through CareerSystems, Bedford's employment services division, Mamy is now on track to securing her future in Australia – with a new job, a new lease on life and new found confidence in her abilities.

Mamy was significantly disadvantaged in the job seeking process - having a limited understanding of the English language and physical and intellectual disabilities. CareerSystems played a vital role in ensuring she was provided with the experience to build new skills and confidence to increase her capacity in the workplace.

With the aim of providing disadvantaged South Australian jobseekers with greater access to support, training, work experience and employment opportunities, CareerSystems is helping many people like Mamy to make a transition into the workforce through work experience placements.

Mamy was offered a paid position at Bedford at the culmination of her work experience in Bedford's packaging area due to her strong work ethic. Mamy's confidence has grown and she has made new friends as well as enhancing her English language capabilities.

As for the future, it now looks a whole lot brighter for Mamy – who feels a sense of achievement and is enjoying being part of the workforce again. "I received a lot of support and help to finally find a job," she said. "Working with a team at Bedford has also helped me to improve my English - I am really happy!"



Mark Aiston hosting the inaugural Bedford Big Battle

Mark Aiston joins Bedford Foundation

Bedford has welcomed well-known local television identity Mark Aiston to the Bedford Foundation. Charged with the responsibility of raising funds to help Bedford achieve its strategic objectives, the Foundation plays a vital role in creating awareness of Bedford and the vital work it does across South Australia.

"I've always thought highly of organisations that give people opportunities to further their lives in a positive way and to that end I am delighted, proud and humbled to be a part of the Bedford Foundation," said Mark.

Among various other contributions, Mark has shown his commitment to Bedford in the past through the hosting of Foundation events including the Big Battle and the Big BBQ.

In his new role, Mark will play a direct part in the organisation of these types of fundraising events. "We're thrilled to have Mark, a longstanding supporter of Bedford, on board to work with the Foundation," Bedford Chief Executive Max Dyason said.



Members of Team Bedford celebrate completing the 2009 City-Bay fun run at the finish line in Glenelg

Team Bedford Success at City-Bay

More than 200 people joined Team Bedford for the City-Bay on 20 September, running or walking up to 12kms to raise funds for South Australians with a disability or disadvantage.

The past two years has seen Bedford grow to support close to 3,000 people across the State. As a not-for-profit organisation, fundraising plays a vital role in Bedford's ability to provide the best

possible services for its employees and members – and City-Bay is an important event for us.

The City-Bay fun run is somewhere that many people accomplish a goal - whether it be to finish the race, beat their personal best or simply raise funds whilst getting fit and being a part of this iconic Adelaide event.

Joining Team Bedford means they can accomplish their own goals while also helping Bedford provide opportunities for people with a disability or disadvantage to accomplish theirs.

To sign up for information about Team Bedford challenges and fundraisers for 2010, please contact Chantelle Dolphin, Events Coordinator, on (08) 8275 0352 or cdolphin@bedfordgroup.com.au

Member profile – David Weaver

David is a member of Bedford's Day Options programme in Adelaide. David has a disability and needs support every day with tasks that are often taken for granted. Like many parents of a child with a disability, David's mum Heather worried about what his future might bring. Heather explains...

"Like any parent, my children are the most important thing in my life.

David has just turned 40. He has never had a partner; he's never moved out of home. He's never had his own family. What David has is Bedford. Bedford is everything to David - it's what has given his life meaning.

At Bedford, David is surrounded by friends and people who care about him. Day Options - Bedford's recreational programme - provides vital services for people with high support needs. David is encouraged to develop the life skills that you and I take for granted, increase his social network and make his own choices. Without Bedford, we would

be lost. To now think that David has a happy, fulfilling life is just incredible, he's achieved so much more than I could have ever imagined.

Through the Day Options programme David has developed his speech and computer skills and has even got involved with the cooking programme. David enjoys going to the gym and recently celebrated seven years of giving something back to the community through volunteering with a local 'Meals on Wheels' programme. He loves visiting the Central Markets, doing arts and crafts and planting herbs in the garden.

I am not the only parent in this position. There are almost 100 people with a disability in Bedford's Day Options programme across South Australia, but there are still so many more who desperately need Bedford's ongoing support."

To find out more about David and Bedford's Day Options programmes, log onto bedfordgroup.com.au



Heather and her son David enjoying the baseball



Bedford employees Sam Thomas, Lauren Packham and Rebecca Sargeant are set for Olympic success!

Bedford Employees to Battle it out for Special Olympics Success

Hard work and determination has paid off for ten Bedford employees who will represent South Australia in the Special Olympics next year.

Bedford employee and Morphett Vale resident Rebecca Sargeant has been selected for an amazing seventh time in the Special Olympics Team for basketball. Selection to the National Games next year will give Rebecca the opportunity to go for gold at the World Special Olympics in Greece in 2011.

"I feel extremely proud and happy to be representing South Australia in basketball," Rebecca said. "I would really like to be able to bring home a gold medal to add to my collection."

The event, to be held in Adelaide in April, will see people with a disability compete across a range of sports including swimming, basketball, soccer, athletics, cricket, golf, gymnastics and sailing.

Bedford Goes Green

Bedford is now greener than ever following the implementation of a number of new environmentally friendly practices at its 23 sites across South Australia - from water harvesting to furniture recycling and reduced paper usage.

Bedford's Mount Gambier site, which was recently awarded Blue Lake Water Wise Business of the Year, is in the thick of the 'green' movement and has recently become self sufficient with water use. The site currently catches more than 1.8 million litres of water each year. 800,000 litres of this water is used in the organisation's everyday operations - with the remaining 1 million litres going to the Mount Gambier Blue Lake aquifer for use by the greater community.

In Adelaide, Bedford is going 'green' by recycling and cutting paper usage. E-copies of the Annual Report and e-Christmas cards and invitations to special events are being introduced to save significantly on paper usage.

Old computer screens, printer cartridges and all cardboard from our packaging business are recycled and the importance of recycling is promoted at Bedford's residential facility.

Bedford's horticultural team is also sending its green waste to composters with a plan to increase its contribution in the warmer months while contributing to a significant revegetation project in Adelaide's south.

Bedford is committed to doing everything possible to minimise its environmental impact and looks forward to rolling out more green initiatives in the near future.



Bedford employees Phillip Keatley and Scott Altschwager with Regional Manager Neil Sylvia

Creating a Brighter Future in the South East

Since merging with disability organisations Gambier Contracts and Millicent Work Option Centre (MWOC), Bedford now provides essential opportunities for over 70 people with a disability in the South East. Bedford's Mount Gambier and Millicent teams provide a range of services to the local community including grounds maintenance, horticulture, laundry services, packaging, recycling and contract cleaning.

Following Gambier Contracts Manager Des Mutton's retirement at the end of August, Bedford announced the appointment of Neil Sylvia to the position of Regional Manager for Bedford's South Eastern operations. Formerly the Manager of Bedford's Millicent site, Neil officially assumed his position on 1 September.

"The position of Regional Manager is an important one and I am extremely grateful to be given the opportunity to help lead the organisation into the future," Neil said.

"Throughout my time at Millicent I've seen many positive outcomes achieved through Bedford's involvement in the region and I look forward to continuing this history of achievement by helping people with a disability continue to achieve their goals."

To find out more about the services offered by Bedford in the South East, or for information on employment opportunities in the area, please contact Neil Sylvia, Regional Manager, on (08) 8733 2966 or nsylvia@bedfordgroup.com.au

Our mission is to provide opportunities and support for people with a disability to achieve their goals and fulfil their potential

Quilters Sew the Way to a Brighter Future

Lessa Siegele, Faye Packham and friends on the Quilt Encounter Committee are hosting a national quilting event to raise much needed funds for Bedford. The Mystery Quilt Fundraiser involves two quilting workshops where participants will make a quilt with a mystery pattern.

The quilting sessions are a great way to support Bedford while also getting the opportunity to make and take home a fantastic quilt. Last year's event was a great success, with almost 300 quilters joining together to raise vital funds for Bedford.

The quilting days cost \$75, which includes a pre-cut fabric kit, instructions, volunteers to help with the quilt, event prizes and catering.

The sessions will be held on 13 March at Panorama and 27 March at Pooraka. For those that can't attend the scheduled workshops, quilting kits can also be mail ordered.

For more information or to register for an event contact Faye Packham on (08) 8381 2934 or fsae@optusnet.com.au, or Lessa Siegele on (08) 8377 5139 or siegele@internode.on.net

Bedford Annual Report Out Now!

Bedford's 2009 Annual Report is out now! In a bid to save funds and the environment, we have distributed this report electronically – you can read about the achievements of members of the Bedford family at bedfordgroup.com.au

If you would prefer a hard copy sent to you, please contact Robin Hopkinson, Marketing & Communications Coordinator on (08) 8275 0357 or rhopkinson@bedfordgroup.com.au



Bedford acknowledges the valued support and funding from Federal, State and Local Governments in assisting the delivery of our services and programmes.

Get Involved!

Make a difference in your local community with Bedford. For more information on any of Bedford's events, please contact Chantelle Dolphin, Events Coordinator, on (08) 8275 0352 or email cdolphin@bedfordgroup.com.au

- **First week in Dec** Bedford Open Week, Panorama
- **3 Dec** International Day of People with Disability
- **5 & 6 Dec** Bedford Sausage Sizzles at Good Guys, Edwardstown
- **20 Dec** Christmas at Bedford Bingo, Panorama
- **31 Dec** Hollywood Night at Bedford Bingo, Panorama
- **12, 13 & 14 March** 2010 Bedford Sausage Sizzles at City Holden, Adelaide
- **13 & 27 March** 2010 Quilting Fundraiser Workshop
- **19 & 20 March** 2010 South East Field Days, Lucindale
- **26 March 2010** Bedford Big BBQ, Adelaide



More than just good business

Talking Bedford is a publication of Bedford Group
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