



# NDIS Budgets Explained in simple terms

If you have an NDIS plan, you've probably noticed that the funding is broken up into three budgets, or 'support purposes' as they are known in NDIS speak. These are Core, Capital and Capacity Building.

**But what does this mean? An easy way to understand Core, Capital and Capacity Building:**

A support coordinator once explained the difference between the three budgets using a practical example.

Here it is:

If someone needs help showering, here's how the three budgets could help:

- **Core** – Could provide a Support Worker to assist with showering.
- **Capital** – Could provide modifications (like a handrail) to the shower to make it more accessible.
- **Capacity building** – A support worker or program to teach the person skills and ways to improve their showering or hygiene.

A deeper look: It's important to understand the difference in the budgets - especially if you are self-managing. There are 15 support categories that sit under the three support purposes. Lost? Here's the breakdown of what that looks like:

Support Purpose	Outcome Framework Domain	Support Category (Pan Budgets)
<b>CORE</b>	Daily Living Daily Living Daily Living Social & Community Participation	1. Assistance with Daily Life 2. Transport 3. Consumables 4. Assistance with Social & Community Participation
<b>CAPITAL</b>	Daily Living Home	5. Assistive Technology 6. Home modification
<b>CAPACITY BUILDING</b>	Choice & Control Home Social and Community Participation Work Relationships Health & Wellbeing Lifelong Learning Choice & Control Daily Living	7. Support Coordination 8. Improved Living Arrangements 9. Increased Social & Community Participation 10. Finding & Keeping a Job 11. Improved Relationships 12. Improved Health & Wellbeing 13. Improved Learning 14. Improved Life Choices 15. Improved Daily Living Skills



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***By knowing these categories, it makes things easier to find in the NDIS Price Guide if you are self-managing.***

## **Core**

A Core Support is an activity that helps you in your everyday life. The biggest thing to remember with your core budget is that the funding is flexible across three of the support categories in some circumstances.

## **Capital**

A Capital Support provides funding for equipment, home or vehicle modifications. The NDIS are very specific in what this funding can be used for. Capital funding is not flexible and must be used for what it is allocated.

## **Capacity Building**

Think of Capacity Building as an activity that helps you learn new skills. This includes things like living independently, finding a job, or getting help with your NDIS plan.

Capacity Building funding is flexible but can only be used for services in the support category.

### ***Remember...***

If you're lost, please make sure to ask for help.

If you have Support Coordination in your plan, your Support Coordinator will be able to assist you as they know these funding categories inside and out and will be able to give you individualised advice on how you can make the most of your NDIS plan. Alternatively, our Bedford Client Services Representative or your Local Area Coordinator (LAC) will be able to advise you on the budget categories.