

What do we do?

Day Options provides programs based on your needs, interests and personal goals. Participate in the arts by joining our music and dance programs, try your hand at cooking or gardening, be active with swimming and bush walking or enjoy social outings with your friends.

We also have really rewarding partnerships and programs with other not-for-profit and volunteer organisations – such as RSPCA and CirKidz.

What does it look like?

We offer a range of programs to suit the needs of individuals from a 1:1 to a 1:3 ratio with a variety of support needs. All programs begin at the local Bedford hub before the activity begins

Learn new skills, meet new people, and experience what your local community has to offer.

Where can I participate?

You can access our Day Options programs and supports at Panorama, Torrensville, Mount Gambier, Port Pirie, Port Lincoln, Wallaroo and Whyalla!



Creative Arts & Design

Our programs support artistic expression and showcase our artists' works at exhibitions across the local area.

Our programs offer a mix of performance, visual arts and creativity.

Volunteering

Join one of our volunteering programs and give back to your local community.

Social & Recreation

Choose from a range of indoor and outdoor activities, that keep you active and help you meet new people along the way.

Independent Living Skills

We work with you to develop and build on your independent living skills through a range of activities.



We currently have vacancies!



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